**DAVID DOUGLAS DAY CARE MENU**

**MENU A**

MONDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: RITZ CRACKERS AND JUICE

LUNCH: CHEESE PIZZA, TOSSED SALAD, PINEAPPLE, MILK

AFTERNOON SNACK: GRAHAM CRACKERS, APPLESAUCE, WATER

TUESDAY

BREAKFAST: WAFFLES, BANANAS, MILK

MORNING SNACK: GOLDFISH CRACKERS AND JUICE

LUNCH: CHICKEN CASSEROLE, BROCCOLI AND CAULIFLOWER, PEACHES, MILK

AFTERNOON SNACK: WHEAT CRACKERS AND JUICE

WEDNESDAY

BREAKFAST: PANCAKES, BANANAS AND MILK

MORNING SNACK: ANIMAL CRACKERS, MILK

LUNCH: CHICKEN NUGGETS, GREEN BEANS, DICED PEARS, MILK

AFTERNOON SNACK: SALTINES WITH PEANUT BUTTER, WATER

THURSDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: WHEAT CRACKERS AND JUICE

LUNCH: FISH STICKS, TATER TOTS, APPLESAUCE, MILK

AFTERNOON SNACK: TRAIL MIX AND WATER

FRIDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: TEDDY GRAHAMS AND MILK

LUNCH: VEGETABLE SOUP, PEANUT BUTTER AND JELLY SANDWICHES, BANANAS, MILK

AFTERNOON SNACK: CHEESE CRACKERS AND JUICE

**NOTES: ALL OUR JUICES ARE 100% FRUIT.**

**BREAKFAST IS SERVED FROM 6:30 TO 8:00 A.M. ONLY**

**MENU B**

MONDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: ANIMAL CRACKERS AND MILK

LUNCH: TOMATO SOUP, CHICKEN SALAD SANDWICHES, APPLE SLICES, MILK

AFTERNOON SNACK: WHEAT CRACKERS AND JUICE

TUESDAY

BREAKFAST: FRENCH TOAST, BANANAS, MILK

MORNING SNACK: GRAHAM CRACKERS AND MILK

LUNCH: RICE WITH HAMBURGER/MUSHROOM SOUP GRAVY, BABY CARROTS, PEACHES, MILK

AFTERNOON SNACK: RITZ CRACKERS AND JUICE

WEDNESDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: WHEAT CRACKERS AND JUICE

LUNCH: BEAN AND CHEESE BURRITOS, CORN, CANTALOUPE OR ORANGE SLICES, MILK

AFTERNOON SNACK: GOLDFISH CRACKERS AND JUICE

THURSDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: GRAHAM CRACKERS AND MILK

LUNCH: RAINBOW ROTINI WITH MEAT SAUCE, CORN, APPLESAUCE, MILK

AFTERNOON SNACK: SALTINES, CHEESE SLICES, WATER

FRIDAY

BREAKFAST: WAFFLES, ORANGE SLICES AND MILK

MORNING SNACK: RITZ CRACKERS AND JUICE

LUNCH: MACARONI AND CHEESE, GREEN BEANS, WATERMELON OR APPLE SLICES, MILK

AFTERNOON SNACK: CARROTS, CELERY WITH PEANUT BUTTER, CHEESE CRACKERS, WATER

**MENU C**

MONDAY

BREAKFAST: FRENCH TOAST, BANANAS, MILK

MORNING SNACK: TEDDY GRAHAMS AND MILK

LUNCH: SPAGHETTI WITH MEAT SAUCE, CORN, APPLESAUCE, MILK

AFTERNOON SNACK: RITZ CRACKERS AND JUICE

TUESDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: GOLDFISH CRACKERS AND JUICE

LUNCH: VEGETABLE BEEF SOUP, CHEESE SANDWICHES, BANANAS, MILK

AFTERNOON SNACK: WHEAT CRACKERS AND JUICE

WEDNESDAY

BREAKFAST: PANCAKES, BANANAS AND MILK

MORNING SNACK: RITZ CRACKERS AND JUICE

LUNCH: PORK AND BEANS WITH DICED HOT DOGS, CORN, DICED PEARS, MILK

AFTERNOON SNACK: SALTINES WITH PEANUT BUTTER, WATER

THURSDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: GRAHAM CRACKERS AND MILK

LUNCH: CHICKEN NUGGETS, GREEN BEANS, WATERMELON OR ORANGES, MILK

AFTERNOON SNACK: GOLDFISH CRACKERS, CELERY STICKS WITH PEANUT BUTTER, WATER

FRIDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: WHEAT CRACKERS AND JUICE

LUNCH: POTATO SOUP, CHICKEN SALAD SANDWICHES, APPLE SLICES, MILK

AFTERNOON SNACK: GRAHAM CRACKERS AND APPLESAUCE

**MENU D**

MONDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: CHEESE CRACKERS AND JUICE

LUNCH: CHICKEN NOODLE SOUP, PEANUT BUTTER AND JELLY SANDWICHES, BANANAS, MILK

AFTERNOON SNACK: ANIMAL CRACKERS AND MILK

TUESDAY

BREAKFAST: FRENCH TOAST, BANANAS, MILK

MORNING SNACK: RITZ CRACKERS AND JUICE

LUNCH: CHEESE PIZZA, TOSSED SALAD WITH RANCH DRESSING, PINEAPPLE, MILK

AFTERNOON SNACK: TRAIL MIX AND WATER

WEDNESDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: TEDDY GRAHAMS AND MILK

LUNCH: CHICKEN CASSEROLE, GREEN BEANS, PEARS, MILK

AFTERNOON SNACK: WHEAT CRACKERS, CARROT STICKS AND WATER

THURSDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: GOLDFISH CRACKERS AND JUICE

LUNCH: MACARONI AND CHEESE, CARROTS, APPLESAUCE, MILK

AFTERNOON SNACK: SALTINES, CHEESE SLICES, WATER

FRIDAY

BREAKFAST: WAFFLES, ORANGE SLICES AND MILK

MORNING SNACK: GRAHAM CRACKERS AND MILK

LUNCH: MASHED POTATOES WITH HAMBURGER/MUSHROOM SOUP GRAVY, BROCCOLI AND CAULIFLOWER, PEACHES, MILK

AFTERNOON SNACK: RITZ CRACKERS AND JUICE

**MENU E**

MONDAY

BREAKFAST: WAFFLES, BANANAS AND MILK

MORNING SNACK: TEDDY GRAHAMS AND MILK

LUNCH: VEGETABLE BEEF SOUP, PEANUT BUTTER AND JELLY SANDWICHES, BANANAS, MILK

AFTERNOON SNACK: SALTINES WITH CHEESE, WATER

TUESDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: RITZ CRACKERS AND JUICE

LUNCH: CHEESE PIZZA, TOSSED SALAD, APPLESAUCE, MILK

AFTERNOON SNACK: GRAHAM CRACKERS AND MILK

WEDNESDAY

BREAKFAST: PANCAKES, BANANAS AND MILK

MORNING SNACK: WHEAT CRACKERS AND JUICE

LUNCH: FISH STICKS, TATER TOTS, DICED PEACHES, MILK

AFTERNOON SNACK: TRAIL MIX AND JUICE

THURSDAY

BREAKFAST: PANCAKES, BANANAS AND MILK

MORNING SNACK: ANIMAL CRACKERS, MILK

LUNCH: CHICKEN NUGGETS, BABY CARROTS, DICED PEARS, MILK

AFTERNOON SNACK: SALTINES WITH PEANUT BUTTER, WATER

FRIDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: GOLDFISH CRACKERS AND JUICE

LUNCH: CHICKEN CASSEROLE, PEAS AND CARROTS, PEACHES, MILK

AFTERNOON SNACK: WHEAT CRACKERS AND JUICE

**MENU F**

MONDAY

BREAKFAST: FRENCH TOAST, BANANAS AND MILK

MORNING SNACK: RITZ CRACKERS AND JUICE

LUNCH: MACARONI AND CHEESE, GREEN BEANS, WATERMELON OR APPLE SLICES, MILK

AFTERNOON SNACK: CARROT AND CELERY STICKS WITH PEANUT BUTTER, CHEESE CRACKERS, WATER

TUESDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: ANIMAL CRACKERS AND MILK

LUNCH: TOMATO SOUP, CHICKEN SALAD SANDWICHES, BANANAS, MILK

AFTERNOON SNACK: WHEAT CRACKERS AND JUICE

WEDNESDAY

BREAKFAST: WAFFLES, ORANGES, MILK

MORNING SNACK: GRAHAM CRACKERS AND MILK

LUNCH: RICE WITH HAMBURGER/MUSHROOM SOUP GRAVY, BABY CARROTS, PEACHES, MILK

AFTERNOON SNACK: RITZ CRACKERS AND JUICE

THURSDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: WHEAT CRACKERS AND JUICE

LUNCH: BEAN AND CHEESE BURRITOS, CORN, CANTALOUPE OR ORANGE SLICES, MILK

AFTERNOON SNACK: GOLDFISH CRACKERS AND JUICE

FRIDAY

BREAKFAST: UNSWEETENED COLD CEREAL WITH RAISINS AND MILK

MORNING SNACK: GRAHAM CRACKERS AND MILK

LUNCH: SPAGHETTI WITH MEAT SAUCE, CORN, APPLESAUCE, MILK

AFTERNOON SNACK: SALTINES WITH CHEESE, WATER

**NOTES: ALL OUR JUICES ARE 100% FRUIT.**

**BREAKFAST IS SERVED FROM 6:30 TO 8:00 A.M. ONLY**